

SEND Support



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KEEP UP TO DATE WITH OUR FACEBOOK PAGE

@Stoke-on-Trent Family Hubs



VISIT OUR DIGITAL FAMILY HUB

<https://familyhub.stoke.gov.uk>





Aiming High



Email: Aiming.High@stoke.gov.uk

<https://localoffer.stoke.gov.uk/things-2/aiming-high-activities>

Aiming High offers a wide range of fun, inclusive activities and short breaks for children and young people under the age of 18 with Special Educational Needs and/or Disabilities (SEND) in Stoke-on-Trent — and their families. No EHCP is required to take part.

Session Entitlement

Core Offer: 2 sessions per month (24 per year)

Enhanced Offer: Up to 4 sessions per month (48 per year), for children with complex needs. This must be agreed through the Multi-Agency Short Breaks Forum.



To book sessions

<https://eequ.org/stokeontrentaiminghigh>



Help to create an account and book

<https://help.eequ.org/en/articles/220722-how-parents-book-a-send-short-break>



Caudwell Children

Phone: 03453 001348 Email: familyservices@caudwellchildren.com

Caudwell Children's are here to change the world so that disabled and autistic children have the choice, opportunity, dignity and understanding they deserve.

Caudwell Children's offer a range of services for children and families are designed to remove some of the barriers that children face, enabling them to reach their full potential. From birth into early adulthood, they provide practical and emotional support for thousands of disabled and autistic children every year.

THE IMPACT YOU'VE HELPED TO MAKE



21,504

TOTAL INSTANCES OF SUPPORT
ACROSS ALL SERVICES



£7.5M

TOTAL COST OF SERVICES



110

WHEELCHAIRS PROVIDED



97%

POSITIVE FEEDBACK

Key Services

- Family Support: Guidance on SEND issues, family sessions, and local support teams.
- Autism Assessments: NICE-aligned diagnostic services with referral pathways for parents and professionals.
- Occupational Therapy: Tailored therapy to improve independence and daily living skills.
- Mobility & Sensory Equipment: Provision of wheelchairs, sensory packs, and specialist tools.
- Kids' Activities Clubs: Inclusive clubs in regions like Newcastle-under-Lyme and Cheshire East.
- Shaping Futures Programme: Employability and life skills training for neurodivergent young people.



Lifeworks Staffordshire

Phone: 01782 615222

Email: info@lifeworksnorthstaffs.org.uk

<https://lifeworksnorthstaffs.org.uk/>



Lifeworks supports marginalised people 14+ in North Staffordshire with an average or above IQ, with Autism, ADHD, Dyspraxia, Tourette's Syndrome, mostly with mental ill health, and their carers to find a sustainable lifestyle.

Purpose

- Empower neurodivergent individuals: Focused on those with co-occurring mental health challenges, helping them thrive in education, work, and daily life.
- Support carers: Recognizes the vital role of families and carers, offering them guidance and resources.
- Promote sustainable lifestyles: Encourages independence, resilience, and long-term wellbeing.

Services & Support

- Conditions covered: Autism, ADHD, Dyspraxia, Dyslexia, Dyscalculia, Tourette's Syndrome.
- Mental health focus: Many supported individuals also experience secondary mental health conditions.
- Practical help: Resources, advice, and structured support for both individuals and carers.
- Community engagement: Volunteer opportunities and local involvement to strengthen networks.



National Autistic Society

<https://autism.org.uk/what-we-do>

What we do

We're here to help the 700,000 autistic people in the UK and their families. Be it running specialist schools, campaigning for improved rights or training companies on being more autism-friendly, we are dedicated to transforming lives and changing attitudes.

☀ Purpose

- Support autistic people and families: Helping the 700,000 autistic individuals in the UK and their families.
- Transform society: Promoting understanding, inclusion, and autism-friendly practices across communities and workplaces.
- Advocate for rights: Campaigning to ensure laws and policies reflect autistic people's needs.

🧩 Key Services

- Advice & Guidance: Resources on autism, diagnosis, communication, mental health, and education.
- Help & Support: Online communities, directories, and peer support groups.
- Branches: Volunteer-led local groups offering information, activities, and social opportunities.
- Autism Know How: Training, consultancy, accreditation, and diagnostic assessments for organizations and individuals.
- Education & Residential Services: Specialist schools and adult residential care tailored to autistic needs.
- Employer Support: Training companies to be more autism-friendly.

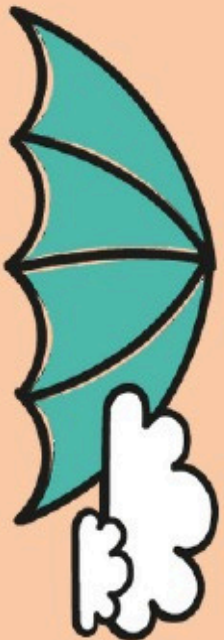


SEND Jargon Buster



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<https://localoffer.stoke.gov.uk/home/send-jargon-buster>



Who We Are

PANDAS Foundation are the only free UK wide support for parents, carers and their network who are struggling with their perinatal mental health.

We offer support from conception through to birth and beyond.

Our aim is to make sure no parent, carer or family feels alone.

We have a variety of support services available to ensure help and support is delivered in a way that is right for each individual.

We also offer positive, motivational and educational content through our social media channels.

Our Mission

To be the UK's most recognised and trusted support service for families and their network who may be suffering with perinatal mental illness.

Local Maternity and Neonatal Voices Partnership

The MNVP works together to review and contribute to the development and improvement of local maternity and neonatal care. MNVP's primary objective is to gather feedback from women/birthing people and their families about their experiences with maternity and/or neonatal services.

To find more information on your local MNVP please visit <https://nationalmaternityvoices.org.uk/find-an-mvp/>



We are a Limited Company registered in England and Wales with company number 7740327. Charity number 1149485 Our charity number for Scotland is ISC051814



We are here, whatever the weather, to offer hope, empathy and support for every parent, carer and their network affected by perinatal mental illness.



Click on the QR code to access our website
<https://pandasfoundation.org.uk/>

Help for families

PANDAS is a charity that is here to offer hope, empathy and signposting for every parent or carer who may be suffering with perinatal mental illness - from conception through to birth and beyond. We provide support to parents at any stage of their parenting journey.

"I wasn't excited about being pregnant, I dreaded each day"
Service user

What is perinatal mental health?

The term perinatal mental health is commonly used to describe the emotional and psychological wellbeing of a mother/birthing person and father/partner from conception, through pregnancy and up to the child's first birthday. Perinatal mental health encompasses mental health conditions that can affect parents during pregnancy or within the first postnatal year.

These conditions include

- Antenatal and Postnatal Depression and Anxiety
- Postpartum Psychosis
- Obsessive Compulsive Disorder (OCD),
- Tokophobia
- Birth Trauma or Post Traumatic Stress Disorder (PTSD).

Early recognition, support and treatment can be a huge benefit to the health and wellbeing of the whole family unit, so it is important to seek professional help/guidance from a GP or midwife as soon as you think you or someone you know might be affected by any of these conditions.



How we can support you

Sometimes it might feel like no one understands what you are going through. We have support available, all via fully trained volunteers. All of our services are FREE.

Helpline, available every day via bookable call slots -
<https://pandasfoundation.org.uk/how-we-can-support-you/bookable-call-service/>
One of our trained volunteers will then call during this time.

WhatsApp message support
Available Monday - Sunday 8am-10pm. Text 07903508334 via WhatsApp to be connected with a trained volunteer.

Email support, available every day
supportme@pandasfoundation.org.uk
Send us an email telling us how you are feeling and we will provide you with non judgemental peer support. You will be assigned to one of our trained peer support volunteers who will respond to you within 72 hours.

Support Groups
Offering a safe space for parents and their babies, to discuss, listen and exchange experiences with people that understand what you are going through. www.pandasfoundation.org.uk/support-groups

Social media and Facebook groups
We post positive, motivational and well researched information aimed to support your mental health. There are closed Facebook groups for parents to support each other privately.
Facebook @Pandas Foundation (Pre And Postnatal Depression Advice and Support)
Instagram @pandas_uk

Our Volunteers

All of our support is given through our trained, empathetic and inspirational volunteers who balance their own lives alongside supporting other parents through PANDAS.

Our volunteers say

"I really believe that when you speak to people who understand, you have taken that first step to recovery"

"I want to give help and support to people who are on a difficult journey. To reassure them that they are not alone."

If you would like to volunteer with us get in touch today by emailing recruitmentteam@pandasfoundation.org.uk



Supporting PANDAS

Whilst we support the overstretched and under resourced NHS as a support service for parents and parents to be, we know that early intervention can decrease the possibilities of further decline in mental health. We urgently rely on donations to keep going and need your help to continue to ensure no parent feels alone.

www.pandasfoundation.org.uk/donate



PEGiS

(Parent Engagement Group in Stoke)

What is PEGiS?

A forum/support group for:

- Parents/carers of children and young people with Special Educational Needs and/or Disability (SEND)
- Young people (up to the age of 25) with SEND to engage in informal discussion around educational issues and concerns.

How often do you meet?

- We have informal meetings on the first Wednesday of every month at Hazel Trees, Duke Street, Fenton, ST4 3NR.
- Meetings are from 10am - 12pm.

Who can attend?

- Any parent or carer of a child/young person with special educational needs, or young person with SEN and/or Disability.

Phone: 07935557380

Email: pegis.stoke@hotmail.com





NEW!! SEND FAMILY GROUPS

A monthly support group for parents and carers of children and young people (age 0 -25 years) with special educational needs or disabilities. The groups are designed to offer support, helpful resources, professional advice, and a sense of community for families.

You can attend alone or bring your child(ren) along - activities will be available to keep young children entertained. Our groups provide a safe and welcoming environment where you can chat, ask questions, and connect with other families.



What To Expect

We welcome all parents and carers of children with Special Educational Needs and Disabilities (SEND) regardless of diagnosis. Attendance is completely free, and light refreshments will be provided.

Where and When

Our SEND Family Groups will take place monthly at the following family hubs. To discover the dates and times for your preferred hub, please visit our website at www.projectindi.org.uk/sendfamily or feel free to reach out to us.

- ♥ Bentilee Family Hub
- ♥ Chell Heath Family Hub
- ♥ Normacot Family Hub
- ♥ Shelton Family Hub



championing inclusion,
celebrating diversity ♥



For more information or to book your place, feel free to contact us:

families@projectindi.org.uk
01782 683 057

The Indi Club, Ralph Drive,
Sneyd Green ST1 6HZ

projectindi.org.uk





S.E.N.D COMMUNITY LOUNGE

TALK TO US, STOKE!

Meet and talk to the professionals behind SEND services

Join us monthly at our free open sessions. Have a coffee, and talk to a variety of professionals from health, social care and education, other parent/carers and local services.

It's our opportunity to talk to those who can help us make a difference - be part of the conversation!



INFORMATION

3rd Thursday of the month
10am - 12noon



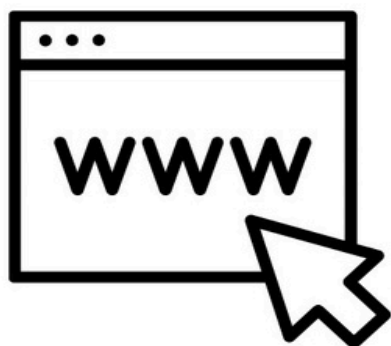
Hazel Trees, Fenton ST4 3NR

For a list of attending professionals or to find out more, email us:
PEGIS.stoke@hotmail.com

Stoke-on-Trent SEND Local Offer

Please visit our Local Offer website where you can find information about the services and opportunities available to children and young people with special educational needs and disabilities.

There is information about the help you can expect in education, about health and social care, transport and more. There is information all the way from the early years to helping young people prepare for adulthood. We have a directory of local organisations who can help you and an events calendar of things to do. Every school holiday we share a list of SEND-accessible activities.



- everything for ages 0 to 25
- education and support for learning
- health and social care
- transport
- early years
- preparing for adulthood
- organisations who can help you
- things to do

<https://localoffer.stoke.gov.uk>

localoffer@stoke.gov.uk



SEND Support Services



The SEND Support Services website provides advice, guidance, and hands-on support for parents navigating the Special Educational Needs and Disabilities (SEND) system in the UK. It focuses on empowering parents to advocate for their children, offering casework, meeting support, and help with processes like Education, Health and Care Plans (EHCPs), tribunals, and school-related issues

Services Offered

- **Casework:** Guidance on the legal framework for children with SEND, duties of schools/local authorities, and the graduated approach to SEND.
- **EHCP Support:** Assistance with applications, drafting plans, naming schools, annual reviews, and appeals.
- **Tribunal & Mediation:** Support through SEND Tribunal procedures and mediation processes.
- **Disability Rights:** Advice on disability discrimination in schools under the Equality Act 2010.
- **Meeting Support:** Representation or support during professional meetings (often via Zoom).
- **Practical Help:** Guidance on applications like Disability Living Allowance.

Phone: 07592 394938

Email: admin@sendsupportservices.net

SEND YOUTH CLUB

FOR AGES 12 TO 25 YEARS

Meet other young people and make friends with activities like playing pool, plate spinning and other circus skills, social games and board games like UNO. Make something with art and craft. Or you tell us what you would like to do!

TWO FREE YOUTH CLUBS

Every Tuesday

At Bentilee Youth Club, ST2 0EU
Time - 6:45pm until 8:45pm

Every Wednesday

At Chell Heath Family Hub, ST6 6QW
Time - 6:45pm until 8:45pm

For more information

Email - alan.mason@stoke.gov.uk

Phone - 07717 714 299

SENDIASS

(SEND, Information, Advice and Support service)

Phone: 01782 234701 / Email: iass@stoke.gov.uk

<https://sendiass-stoke.co.uk/>



If you have a child with special educational needs, trying to get the best advice and help may seem like a confusing and daunting experience. We provide confidential, impartial information from education law on disability, health and social care to help parents/carers, children and young people in making informed choices enabling them to play an active role in relation to educational decisions.

We can offer support if you have concerns with or without an Education, Health and Care Plan in place for the child or young person.

The service works with

- Nursery,
- Primary and Secondary schools,
- Academies,
- Post 16 settings

To promote positive engagement with parents/carers, children and young people. The service also work with alternative provisions as well as special schools and mainstream. We support parents, children and young people to ensure their views, wishes and feelings are heard. This is a free service.

WE WANT

YOUR

FEEDBACK

