



TIME TO TALK

PARENT/CAREGIVER
DROP-IN

Offering advice, guidance, resources, interventions and signposting to parents and caregivers.

Parenting isn't always easy. Although it's rewarding to watch the children in our care grow up, and learn to be independent, it is often very hard work and demanding, emotionally, financially, and physically.

@ St Peter's Catholic Academy

Tuesday 8th April

9:00am – 11:00am

Part of



01782 262100



reception@nsmind.org.uk



www.nsmind.org.uk