



St. Peter's Catholic Academy



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Principal: Mr A Hodgson

01st October 2024

Dear Parent or Guardian,

This letter is to inform you that there are cases of Hand-foot-mouth disease within our school currently this is a very low number and only within our early years.

Hand-foot-mouth disease is a common childhood illness which is caused by a virus. It typically affects children under the age of ten but older children and adults may also become infected

What are the symptoms? Sores or blisters in the mouth, the gums and on the sides of the tongue; a blistery type of rash on the palms of the hands, the soles of the feet, fever, sore throat, cough, and/or runny nose may also be present.

How is it spread? Droplets from an infected person who is talking, coughing or sneezing.

Proper hand washing and thorough cleaning of surfaces can reduce the spread.

The incubation period for hand-foot-mouth disease is three to seven days. A person infected with the virus is contagious from the onset of symptoms until the blister-like rash disappears.

Need to keep child home? No, unless unwell and unable to participate in normal daily activities or fever is present.

If your child presents these symptoms, please seek diagnosis and treatment from your health care provider/ or visit your local chemist. Please inform the the school office if your child is diagnosed with this disease.

Kind Regards
School Office



PROUD TO BE A
MUSIC MARK
SCHOOL
2023 - 2024

