



St. Peter's Catholic Academy

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Principal: Mr. A. Hodgson



Monday 5th February 2024

Dress to Express for Children's Mental Health Week 2024

Dear Parents/Carers,

We are excited to announce that for 'Children's Mental Health Week', we will also be taking part in 'Dress to Express Day'. We celebrate our uniqueness at St Peter's and we believe it is our differences that make us so special.

Our children will be taking part in various activities during this week's 'Children's Mental Health Week' to celebrate the theme of 'Our Voice Matters', but in addition to this on **Friday 9th February**, we will be asking children and adults to come in non-uniform in something that expresses themselves personally.

This could be:

- A favourite hat or colourful wig (it could even be a pirate hat if you like)
- Your best pair of sunglasses.
- Fancy dress.
- Bright clothes or clothes with a cool pattern.

(Sensible shoes though please and no jewellery)

We look forward to celebrating 'Dress to Express' day together.

Thank you for your continued support.

Mr A. Hodgson
Principal

