

**St Peter's Catholic Academy**



**Together,  
One Family, One Community  
in Christ**

**St. Peter's Catholic Academy**

**September  
Newsletter**



# September Newsletter

Dear parents and carers,

Firstly, I would like to say a huge welcome back to everyone in the community – it is lovely to see you all after the summer. The children have started back fantastically well and are working extremely hard.

I wanted to share with you our new 'S.M.A.R.T.' school rules:

**S** mart uniform

**M** ove sensibly

**A** ct like Jesus

**R** espond with respect

**T** ry your best, ALWAYS

These rules summarise everything we want to nurture in our children – a sense of pride in themselves and the school, high levels of respect for all following the example of Jesus, and a strong ambition for their future.

**Parent View:** Following our recent parent questionnaire in summer, I wanted to thank you for all the positive comments made about the school.

If you have a moment, we would love for you to share this positivity with Ofsted via the link below:

<https://parentview.ofsted.gov.uk/register>

This should only take a few minutes and your views and support are much appreciated.

I am so excited to see what this year brings and I look forward to working together you with to achieve the very best for our children.

God bless,

Mr. Hodgson  
Principal



## Sporting Success!

St. Peter's and the community really showed off their sporting talents this month.

There was an amazing turnout for the 'Active Families' workshop with Mr. Sigley, lots of children took part in National fitness day and our Year 5s and 6s performed brilliantly at the collegiate football tournament.

Well done everyone and keep up the good work!



## Feeding the community...

Last year, our gardening club worked extremely hard to create a mini school allotment and show their stewardship of God's Earth.

Well lathis month, they reaped the fruits of their labour and dug up lots of wonderful vegetables which we were able to donate to the local foodbank to help those in need.

St. Peter's truly is a pillar of the community!



## MacMillan Coffee Morning

Thank you to everyone who baked or bought cakes for the MacMillan coffee morning, as well as those who attended.

Your generosity and support are much appreciated and the school was able to raise a good amount of money towards a very worthy cause.

Thank you all.





# (Key Dates)



|  |   |
|--|---|
| <b>WC Monday 30<sup>th</sup> September</b> | Year 5 <u>Bikeability</u>                   |
| <b>Monday 30<sup>th</sup> September</b>    | Year 4 Parent Consultation                  |
| <b>Tuesday 1<sup>st</sup> October</b>      | Reception Parent Consultation               |
| <b>Wednesday 2<sup>nd</sup> October</b>    | Y6 History trip- Stafford Regimental Museum |
| <b>Wednesday 2<sup>nd</sup> October</b>    | Year 1 Parent Consultation                  |
| <b>Thursday 3<sup>rd</sup> October</b>     | Year 2 Parent Consultation                  |
| <b>Thursday 3<sup>rd</sup> October</b>     | Y1 St Francis inspire workshop & Assembly   |
| <b>Thursday 3<sup>rd</sup> October</b>     | Year 5 Trip to Sudbury Hall                 |
| <b>Friday 4<sup>th</sup> October</b>       | Space Dome – Whole School                   |

## Attendance Prize:

Congratulations to Akam in Year 4 for his 100% attendance last week and winning the Mystery Attendance Week prize draw – a supermarket voucher and a toy voucher are on their way to you!





| Year | Star of the Week                                       | Goldfinch Award   | Handwriting Award                                      | Learning Behaviours                                   | TT Rockstars                 |
|------|--|---|--|---|------------------------------|
| YN   | Ayah Omar  |   |  |   |                              |
| YR   | Muneeba Hussain<br>Umer Daood<br>Oliver Lee            | Aleena Hussain<br>Enrico Cervenak<br>Mariam Haque       | M. Unaiys Khan<br>Arissa Ali<br>Tama Igbiriki          | M.Ali Ahsan<br>Dalton Robins<br>Jodelle Asubiojo      |                              |
| Y1   | Damian Robins<br>Samira Choudhury<br>David Chimdi-Dike | Dania Mustafa<br>Amara Ali<br>Alizah Noor Islam         | Kingsley Obeng<br>Haider Chaudry<br>M. Hashim Farooq   | M. Hashim Farooq<br>Zainab Abbas<br>David Cervenak    |                              |
| Y2   | Habiba Akhtar<br>Tayab Shakil<br>Ammara Uddin          | Navroop Kang<br>Poppy Beswick<br>Ismaeel Tariq          | Kaashif Khalid<br>Mamoona Hussain<br>Cheidoze Nwanguma | Alaia Akhtar<br>Edward Turcitu<br>Saif Ali Sherafghan |                              |
| Y3   | Araf Islam<br>Hardeep Singh<br>Myra Yousaf             | Khadija Ahmed<br>Rumaisa Khaliq<br>Cody Mofina          | Mubarra Asif<br>Jannah Hussain<br>Khadija Ahmed        | Humayra Choudhury<br>Kinza Ishtiaq<br>Adam Yahya      |                              |
| Y4   | Huwainaa Aqeeb<br>Matin Amin<br>Michaela Masar         | Amelia Ali<br>Rohaana Ahmed<br>Yusuf Uddin              | Maryam Khan<br>Madinah-Noor Adnan<br>Maheen Tariq      | Haiza Imran<br>Akam Ismael<br>Elias Hawley            |                              |
| Y5   | Mary Rajapakse<br>Mahnoor Fatima<br>Alyaan Habib       | Hooriyah Kayani<br>Jayden Lee<br>Abdul Raheem<br>Waseem | Lily Moges<br>Mia Mofina<br>Carla Tavares Da Rocha     | Ayaan Raja<br>Abdul Raheem<br>Waseem<br>Oscar Stubbs  | Jayden Lee<br>Abdullah Isa   |
| Y6   | Zayan Khan<br>Roma Saadi<br>Aland Amin                 | Cindy Lin<br>Eshaal Bint-<br>Ahmed<br>Eshal Bint-Ahmed  | Ife Oyelade<br>Eshal Bint-Ahmed<br>Ruqayah Ahmed       | Inaaya Haque<br>Laaibah Ahmed<br>Abdur Raheem Athif   | Tasin Leeton<br>Halima Ahmed |

# What Parents & Educators Need to Know about INSTAGRAM

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

AGE RESTRICTION  
**13+**

follow

WHAT ARE THE RISKS?

## ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when a infinitely scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

## UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

## GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. This increases if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

## INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2020, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products advertised by. So it's perfectly possible for young people to be taken in by this kind of content.

## PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

## EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being 'unliked'; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower mental and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

## Advice for Parents & Educators

### AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

### HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can wear or create content safely with family and friends. Discuss how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

### MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total like on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

### USE MODERATORS

Instagram Live has implemented a modifiable set of moderators, meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in our control spaces so you're aware if a child does go live or watch a livestream.

### FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to abuse anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

### BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

### Meet Our Expert

Dr. Claire Rutland is an online safety consultant at iC4Education. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and online behaviours of young people in the UK, USA and Australia.



Source: See full reference list on guide page at <https://nationalcollege.com/guides/instagram-2022>

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